Шпинат с яйцом

Шпинат, можно еще приготовить просто с жареным луком и с яйцами:

Обдать шпинат крутым кипятком вылить его на дуршлаг. Тем временем пожарить лук, перенести на сковородку шпинат протушить его и добавить взбитые яйца. Тщательно перемешать и дожарить пока яйца не схватятся. Посолить, поперчить и можно есть. В качестве приправы можно использовать мацони с чесноком.

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